

Retreat FAQ's

You will find plenty of information about our Deeper Still retreats as you continue to browse, but here are a few basics.

- **Our retreats run from Friday afternoon Until Sunday afternoon. If you are flying in or driving more than 4 hours, we suggest you plan to arrive on Thursday and stay the night at a hotel near the airport in Knoxville.**
- **Our Retreat Lodge is a 1 hour drive from the Knoxville airport.**
- **Our retreats are for ladies only at this point in time.**
- **The airport is McGhee Tyson, (TYS), in Knoxville, Tennessee (USA). [You need to make this airport your destination.](#)**
- **Knoxville, Tennessee is on Eastern Standard Time.**
- **Knoxville, Tennessee is approximately 4 hours North of Atlanta, GA (USA), and 3 hours East of Nashville, TN, (USA).**
- **We can accommodate about 5 participants per retreat. We cannot accommodate any friends or family members.**
- **We can arrange to give you transportation to and from the airport. You can also rent a car if you would prefer.**
- **There is no registration fee to attend this retreat**