



# Deeper Still Confidential Intake Form

Today's Date: \_\_\_\_\_ Date of the retreat you prefer: \_\_\_\_\_

Name: \_\_\_\_\_ Gender: Female or Male

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Most Accessible Phone #: Cell (\_\_\_\_) \_\_\_\_\_ Home (\_\_\_\_) \_\_\_\_\_

May we leave a message on your voicemail? Yes or No May we send you a text message? Yes or No

E-mail address: \_\_\_\_\_ May we contact you by email? Yes or No

Do you prefer your confirmation packet to be mailed?  or emailed  (check one)

Date of Birth: \_\_\_\_\_ Present Occupation: \_\_\_\_\_

Ethnicity: Caucasian African American Asian Hispanic Other \_\_\_\_\_

Marital Status: Single Married Separated Divorced Widowed

With whom are you currently living? \_\_\_\_\_

If married, does your husband or wife know about the abortion(s)? Yes or No If No, what has prevented you from telling him/her? \_\_\_\_\_

What has prompted you to seek healing from your abortion(s)? \_\_\_\_\_

On the journey to healing and freedom from your abortion(s), how would you rate your progress?  
(1) being low (10) being high (*circle one*) 1 2 3 4 5 6 7 8 9 10

What would you like to gain from attending this retreat? \_\_\_\_\_

To your knowledge, has anyone else in your family ever had an abortion? Yes or No

If Yes, Who? \_\_\_\_\_ How has it affected you? \_\_\_\_\_

Do any of your family members know about your abortion(s)? Yes or No

If no, how would you expect them to respond? \_\_\_\_\_

Have you ever been sexually abused? Yes or No

If yes, briefly explain: \_\_\_\_\_

To your knowledge, have you ever been ritually abused? Yes or No

Have you ever struggled with sexual identity confusion? (Understanding your femininity or masculinity, sexual identity, homosexual experiences, or desires, etc.) Yes or No

Briefly explain: \_\_\_\_\_

Circle any of the symptoms or feelings that you may have experienced since your abortion:

guilt	hopelessness	self-hatred
shame	anxiety	sexual problems
fear	depressed	helplessness
emotionally "numb"	anger	headaches
sad	suicidal ideas	eating disorders
change in relationships	nightmares	panic attacks
low self-esteem	sleep disturbances	grief/loss
marital stress	alcohol/drugs	resentment
loneliness	cutting yourself	obsessive thoughts
infertility	crying spells	accusing voices

Any others not mentioned above: \_\_\_\_\_

Have you ever been hospitalized to control any of these symptoms? If yes, please explain:

Are you currently under the care a professional therapists or counselor? Yes or No

If yes, we recommend that you tell your counselor that you will be attending this retreat. If you would like us to share information about our retreat with your counselor, we would be happy to do so. Would you like to have your counselor contact us? Yes or No

Are you currently taking any medication to control any of the above symptoms? Yes or No

If yes, what are you taking? \_\_\_\_\_

Is there is anything about your medication protocol that we should know?

Please explain: \_\_\_\_\_

If you are taking antipsychotic medications, we must have your commitment to take them as directed. I understand and commit to taking medication as directed by my doctor. Yes \_\_\_\_\_ (initial).

## **PREGNANCY AND ABORTION HISTORY**

**For women:** How many pregnancies have you had? \_\_\_\_\_ How many abortions? \_\_\_\_\_

**For men:** How many abortions have you participated in or have knowledge of? \_\_\_\_\_

**1st pregnancy:** Carried to term \_\_\_\_\_ Abortion \_\_\_\_\_ Miscarried \_\_\_\_\_ Adoption \_\_\_\_\_  
Month \_\_\_\_\_ Year \_\_\_\_\_ Sex of baby (if known) \_\_\_\_\_  
How old were you? \_\_\_\_\_ Marital Status: \_\_\_\_\_

**If abortion:**

Type: Medication/Chemical (pill) Suction D & E Saline Partial Birth  
Other \_\_\_\_\_

What was the reason for your abortion? \_\_\_\_\_

Were you in favor of the abortion? \_\_\_\_\_

Did you feel pressured to choose abortion? \_\_\_\_\_

What was the outcome of your relationship with the father of that baby or the mother?  
\_\_\_\_\_

**2nd pregnancy:** Carried to term \_\_\_\_\_ Abortion \_\_\_\_\_ Miscarried \_\_\_\_\_ Adoption \_\_\_\_\_  
Month \_\_\_\_\_ Year \_\_\_\_\_ Sex of baby (if known) \_\_\_\_\_  
How old were you? \_\_\_\_\_ Marital Status: \_\_\_\_\_

**If abortion:**

Type: Medication/Chemical (pill) Suction D & E Saline Partial Birth  
Other \_\_\_\_\_

What was the reason for your abortion? \_\_\_\_\_

Were you in favor of the abortion? \_\_\_\_\_

Did you feel pressured to choose abortion? \_\_\_\_\_

What was the outcome of your relationship with the father of that baby or the mother?  
\_\_\_\_\_

**3rd pregnancy:** Carried to term \_\_\_\_\_ Abortion \_\_\_\_\_ Miscarried \_\_\_\_\_ Adoption \_\_\_\_\_  
Month \_\_\_\_\_ Year \_\_\_\_\_ Sex of baby (if known) \_\_\_\_\_  
How old were you? \_\_\_\_\_ Marital Status: \_\_\_\_\_

**If abortion:**

Type: Medication/Chemical (pill) Suction D & E Saline Partial Birth  
Other \_\_\_\_\_

What was the reason for your abortion? \_\_\_\_\_

Were you in favor of the abortion? \_\_\_\_\_

Did you feel pressured to choose abortion? \_\_\_\_\_

What was the outcome of your relationship with the father of that baby or the mother?

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**4th pregnancy:** Carried to term    Abortion    Miscarried    Adoption  
Month \_\_\_\_\_ Year \_\_\_\_\_ Sex of baby (if known) \_\_\_\_\_  
How old were you? \_\_\_\_\_ Marital Status: \_\_\_\_\_

**If abortion:**

Type: Medication/Chemical (pill)    Suction    D & E    Saline    Partial Birth

Other \_\_\_\_\_

What was the reason for your abortion? \_\_\_\_\_

Were you in favor of the abortion? \_\_\_\_\_

Did you feel pressured to choose abortion? \_\_\_\_\_

What was the outcome of your relationship with the father of that baby or the mother?

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**5th pregnancy:** Carried to term    Abortion    Miscarried    Adoption  
Month \_\_\_\_\_ Year \_\_\_\_\_ Sex of baby (if known) \_\_\_\_\_  
How old were you? \_\_\_\_\_ Marital Status: \_\_\_\_\_

**If abortion:**

Type: Medication/Chemical (pill)    Suction    D & E    Saline    Partial Birth

Other \_\_\_\_\_

What was the reason for your abortion? \_\_\_\_\_

Were you in favor of the abortion? \_\_\_\_\_

Did you feel pressured to choose abortion? \_\_\_\_\_

What was the outcome of your relationship with the father of that baby or the mother?

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**\* If any other pregnancies please write information on the back of this form.**

**RELIGION / SPIRITUAL**

Are you currently affiliated with any church? Yes, No, If Yes, name: \_\_\_\_\_

What denomination is it? \_\_\_\_\_

Do you believe in the Trinity of God? (God the Father, God the Son (Jesus), God the Holy Spirit)?

Yes No Unsure

Do you consider yourself a Christian?  Yes or  No

If yes, how long have you been a Christian? \_\_\_\_\_

If no, what is your religious experience/affiliation, if any? \_\_\_\_\_

The following are various ways of describing your experience with God. Check any that may best describe yourself. (*You may check more than one*).

Born again

Saved

Having a personal relationship with God through Jesus Christ

Gradual revelation or conversion to Christ

Spirit filled

Other, describe: \_\_\_\_\_

I can see how my relationship with God, and my spiritual condition, is an important part of dealing with my abortion(s).  Yes  No

Comments \_\_\_\_\_

Have you ever had anyone pray with you or minister to you in some way about your abortion(s)?

Yes  No If yes, describe: \_\_\_\_\_

I would describe my knowledge of the Bible as: (*check one*)

Fairly Extensive

Moderate

Limited

No knowledge

Are you a former abortion clinic/hospital employee?  Yes or  No

My biggest fear in coming to this retreat: \_\_\_\_\_

Do you have any medically necessary dietary restrictions?  Yes  No

If yes, please explain: \_\_\_\_\_

Do you have any physical limitations or mobility limitations?  Yes  No

If yes, please explain: \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

How do you want your name on your nametag? \_\_\_\_\_

How did you find us?  A friend (name) \_\_\_\_\_

Our website  Web/Google search  Other \_\_\_\_\_

## ***Deeper Still*<sup>®</sup> Participant Release Agreement**

Deeper Still is a program including healing retreats for women and men who have undergone or participated in an abortion procedure (the “Program”). The Program is specifically designed to address the healing of emotional and spiritual wounds associated with abortion.

Deeper Still retreats are hosted by a team of volunteers (“Team Members”) who have received para-professional training to assist attendees in the healing process within the context of the Program. Participation by attendees in Deeper Still retreats or any associated function(s) is not intended as a substitute for professional counseling and/or medical treatment.

By signing this agreement form, I freely and voluntarily agree with and understand the following statements to be true and I hereby agree to bind myself to such statements in consideration for the opportunity to participate as an attendee of an upcoming Deeper Still retreat.

- The Team Members are volunteers and not licensed professional counselors.
- The Team Members are not giving medical advice, making diagnoses, or providing licensed professional counseling.
- I will not hold Deeper Still, Hands of Hope Tucson, the Team Members, or other persons or entities directly associated with Deeper Still or Hands of Hope Tucson responsible for my actions or the actions of others made in response to any teaching, advice, ministry or any other goods and/or services I may obtain at a Deeper Still function.
- I fully release Deeper Still, Hands of Hope Tucson, the Team Members and/or persons/entities directly associated with them from any and all liability whatsoever.
- I assume full personal responsibility for any financial obligation I undertake based on and/or in response to any teaching, advice, ministry or any other goods and/or services I may obtain at a Deeper Still function.
- Information I give to any Team Member will remain confidential. There will be no sharing photos, or videos of me publicly or on social media without my permission. However, I also understand exceptions to such confidentiality include:
  - any situation in which I communicate I am considering physically harming myself or another person,
  - any situation in which I communicate another person is continuing to or has expressed his/her intent to physically harm me, and/or
  - any situation in which a formal grievance is brought against Deeper Still, Hands of Hope Tucson, the Team Members and/or persons/entities directly associated with them.
  - Any situation in which I communicate I am presently involved in illegal activity.
- I agree to honor the code of confidentiality of Deeper Still to not disclose personal information shared by other retreat participants without their permission.
- Any formal grievance brought against Deeper Still, Hands of Hope Tucson, the Team Members and/or persons/entities directly associated with them are to be decided under Arizona and/or Tennessee law and, if litigation ensues, in Arizona courts of law in Pima County and/or in Tennessee courts of law in the Eastern District of Tennessee—the state and federal courts in which are deemed a proper venue by the undersigned for any such action—wherein such courts, based on this agreement, shall have personal jurisdiction over the undersigned.
- If any part of this agreement is deemed void by a court of law, the other portions of the agreement will remain in full force and effect.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name (Print): \_\_\_\_\_

Program Manager: \_\_\_\_\_ Date: \_\_\_\_\_

Name (Print): \_\_\_\_\_

## COVID-19 Waiver of Liability

The coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. Deeper Still Tucson and Hands of Hope Tucson cannot guarantee that you will not become infected with COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending the Retreat and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Retreat may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Deeper Still team members and guests.

By signing below I also agree that in the last 14 days I HAVE NOT: 1) tested positive or presumptively positive with the Coronavirus nor have I been identified as a potential carrier of the Coronavirus; 2) experienced any symptoms commonly associated with the Coronavirus; 3) been in any location positively designated as hazardous and/or potentially infected with the Coronavirus by a recognized health or regulatory authority; 4) been in direct contact with or in the immediate vicinity of any person I knew and/or now know to be carrying the Coronavirus or who has been identified as a potential carrier of the Coronavirus.

I AGREE to notify Deeper Still Tucson (by email to Chapter Leader, Lori Navrodtzke at lori@hohtucson.com) of any change in status, including diagnosis with Coronavirus and/or quarantine, within thirty (30) days following the Retreat.

I ACKNOWLEDGE & ACCEPT that this Declaration shall be governed by the laws of Arizona. I irrevocably agree that the competent Courts of Arizona shall have jurisdiction to hear and determine any suit, action or proceeding, and to settle any dispute which may arise out of, under, or in connection with this Declaration and for such purposes hereby irrevocably submit to the jurisdiction of such Courts. Nothing contained herein shall limit the right of Deeper Still Tucson, a ministry of Hands of Hope Tucson, to take proceedings in any other Court of Competent jurisdiction nor shall the taking of proceedings in any other jurisdiction whether concurrently or not one or more jurisdictions preclude the taking of proceedings in any other jurisdiction whether concurrently or not.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself including, but not limited to, personal injury, disability, and death, illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my attendance at the Retreat. On my behalf, I hereby release, covenant not to sue, discharge, and hold harmless Deeper Still Tucson, Hands of Hope Tucson, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Deeper Still Tucson, a ministry of Hands of Hope Tucson, its volunteers, employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Deeper Still activity.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Program Manager: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_



**Dear Friend,**

Welcome to a wonderful journey to healing and freedom! Deeper Still is a healing retreat specifically designed for women and men who have either had an abortion or who have participated in an abortion. We affirm and encourage your decision to seek a deeper place of healing and restoration from your past choices. Our role is to help facilitate God's healing touch in your life.

These retreats are an opportunity for you to get apart with God, and to receive His healing love. There will be other women and men on a similar journey joining you this weekend. Our retreat will be held at La Purisima Retreat Center in Hereford, AZ. We count it a privilege to come alongside you, and we will be praying that you receive everything you need.

We encourage you to read through this registration information which includes the following:

- **This Introduction Letter**
- **The Retreat Advantage**
- **Retreat FAQ's**
- **Getting the Most from Your Retreat**
- **Healing Covenant**

There will also be women and men attending the retreat who make up our Ministry Team. They will be serving in several capacities, such as hospitality, prayer support, teaching, leading us in worship and facilitating personal prayer ministry with each of you. You will be blessed by the gifts and talents of many. The women and men that serve on our Ministry Team are hand-picked and trained by us. **Our women team members only minister to our women participants, and our men team members only minister to our men participants.** We can assure you that you can trust them all to be sensitive to the leading of the Lord, your needs, and your confidentiality.

About 2 weeks before the retreat we will send you a **confirmation packet** which contains detailed information about the retreat location and what you should bring. If you are driving, we will send you directions. If you will be flying, your destination airport is **Tucson International Airport in Tucson, AZ, USA or Sky Harbor Airport in Phoenix, AZ, USA. Keep in mind that Phoenix is a 3 ½ hour drive from the retreat venue.** Someone from our team will also call you in this time frame to touch base and answer any of your questions.

**The Deeper Still Retreat can be a real milestone in your life.** God wants you to be healed, made whole, and set free to live the life He has for you. Here are a few comments made by other participants who have attended our retreat:

“There are no words to describe the overall experience. I am still experiencing so much freedom, so much joy. I’ve been set free by the grace of God. Bless you all for helping me to find this freedom”.

“Before that retreat, I didn’t know if I could stand to live another day. Now, every day truly is a gift from God, beautifully packaged and full of surprises that are custom designed to bless my life.

Experiencing this new life makes me want it for everyone, but especially for women who have had so much stolen from them, as I did.”

“Letting go of some of my strongholds was a liberating thing. I do finally believe that God has forgiven me, my baby has forgiven me and now I can forgive myself. I can do that because what Jesus did for me was enough. Thank you for helping me see that”.

When you say “Yes” to the Lord, He will beautifully prepare your heart to receive all He has for you.

With great expectation of His mercy and love,

*Lori Navrodtzke*

Lori Navrodtzke, MSAC, MSPC

Reproductive Grief Care Certified

Chapter Coordinator, Deeper Still Tucson

Recovery Services Manager, Hands of Hope Tucson

# The Retreat Advantage

Our heavenly Father is full of mercy, grace and compassion. He longs to see the wounded and grief-stricken healed and set free from their captivity. The Bible teaches in Isaiah 61:1-3 that God has anointed us, His people, to bring good news to the afflicted, to bind up the brokenhearted, to proclaim liberty to the captives and to bring freedom to the prisoners. Further it says that we are to comfort all who mourn, to give a garland of beauty instead of ashes, to anoint with the oil of gladness instead of mourning, and to place a mantle of praise where there has been a spirit of fainting.

This scripture is the backdrop for our Deeper Still retreats.

God can bring healing to people in a variety of ways, but we have found that a retreat setting is the most conducive venue to help us go to deep places of healing in a short amount of time.

- **You get away from familiar routines & responsibilities for a whole weekend.**
- **You can stay focused on the necessary healing tasks without disengaging.**
- **You join a small community of people on a similar journey.**
- **You can relax in a beautiful and comfortable setting.**
- **You experience a Christ-centered spiritual make-over.**
- **You are part of a safe and confidential community.**
- **You are well fed from God's word.**
- **You are well fed by the wonderful food we serve.**
- **You receive deeper levels of healing and freedom.**
- **Your destiny in God is re-ignited.**
- **You go home a different person than when you came.**
- **There is no financial fee to attend this retreat.**

So, what's not to love? Get ready for one of the most eternally significant weekends of your life!

# Retreat FAQ's

Here is some basic information about our retreats.

- **Our retreats run from 3pm Friday afternoon until about 11am on Sunday. If you are flying in or driving for more than 4 hours, we suggest you plan to arrive on Thursday and stay the night at a hotel in Tucson.**
- **Our Retreat Center is about a 90-minute drive from downtown Tucson.**
- **If you're coming from another state, the airport is Tucson International, in Tucson, AZ (USA) or Sky Harbor Airport in Phoenix, AZ (USA). Keep in mind Phoenix is about a 3 ½ hour drive from the retreat venue. [You need to make either of these airports your final destination.](#)**
- **The state of AZ does not take part in daylight savings time. Because of this, in the winter months we are on Mountain Standard Time and in the summer months we are on Pacific Standard Time.**
- **We cannot accommodate any friends or family members at the retreat.**
- **We cannot accommodate any emotional support animals.**
- **There is no smoking in the rooms or on the grounds of the retreat center.**
- **There is no internet available at the retreat center. Cell phone coverage may be limited depending on your carrier.**
- **There is no registration fee to attend this retreat.**

# Getting the Most from Your Retreat

The name of our retreat, **Deeper Still**, was chosen because it describes the healing journey of many women and men. Those who come to this retreat may have received some measure of healing but acknowledge that they are not yet completely free. We establish a safe and confidential environment where God's presence is strongly experienced through worship, prayer ministry and a loving community of Christian sisters and brothers. Within that context, we address core issues that are key to healing. This is an investment in yourself and in your relationship with God. We promise you – it will be worth it! Please read these guidelines in preparation for your retreat.

1. **Plan to be Focused** - Be sure to place the retreat dates on your calendar and start planning now. Work to free up your time so that you can come to the retreat focused and without distractions. Your emotional and spiritual health is important. Make it a priority.
2. **Fear Not** - As time for the retreat draws near, you will find that both your emotions and your defense mechanisms will begin to surface. This is not unusual, so don't get discouraged. **Do not talk yourself out of coming.** Just remember that your heart is being prepared for healing. Let your family/friends know that you may be more emotional during this time and that they need to extend you extra grace.
3. **Be Open** - Be open and honest about your emotions. Emotional release is usually necessary for healing (tears, grief, anger, joy). These emotions will come easily for some, but not for others. Whatever your case, the Lord knows what you need emotionally, and He knows how to get you there.
4. **Respect Yourself & Others** - Every person on this retreat will be on his or her own unique healing journey. We simply ask that you respect each other's journey and that you be patient with yourself and others. Healing is a process. Do not compare yourself to others and do not jump ahead to the next issue or discussion. Each session will lay a foundation for the next.
5. **Stay Focused** - Keep your focus on the abortion related issues. Although we will address some other related issues from your life, the wounds from abortion are foundational. As those wounds are healed, you will experience a new release for healing in other areas of your life.
6. **Keep it Confidential** - It's vital that everyone is committed to confidentiality for everyone present.
7. **Be Patient** - It's okay to not feel things completely resolved by the end of each session. Part of the healing process is to live with seasons of mystery. Every step you take will add up to a whole. Resting and waiting on God to move is also part of the process.
8. **Be at Peace** - Peace, I leave you; My peace I give you; not as the world gives, do I give you. Let not your heart be troubled, neither let it be afraid. John 14:27

# Deeper Still Healing Covenant

Dear Lord,

Believing that You are the only way to life and healing, and trusting that You desire me to be whole and free from my past choices and sins, I choose to enter into this special healing covenant with You.

Lord, I hereby give You permission to do a deep and cleansing work in my life. I am saying “yes” to the healing path that You would design just for me.

Realizing that this journey may take me through painful places, I am asking for Your precious grace and mercy to sustain me and give me courage. Please make Your Word alive to me and send the people I need along the way for encouragement.

I thank You that Your presence goes with me and that You will never leave me or forsake me.

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Signature

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Date

You keep this document