

Retreat FAQ's

You can find plenty of information about Deeper Still retreats in general at www.godeeperstill.org, but here are a few basics for the local Deeper Still San Diego Chapter in Southern California.

- **Our retreats run from Friday afternoon until Sunday around noon.**
- **We do recommend that, if possible, you arrange the following Monday (after the retreat) to be a time that you can just rest and reflect upon the work that takes place over the weekend. It will be a full weekend, so it would be helpful to you if you can rest up on Monday.**
- **The retreat location is a private location in San Diego County.**
- **We can accommodate up to about 8 participants per retreat. We cannot accommodate any friends or family members.**
- **We strongly encourage you to not use any electronic devices while you are at the retreat, including cell phones, ipads, tablets, laptops, etc. It is very important that you take this weekend to escape from electronic devices, so you won't be distracted from resting in the arms of your Savior and receiving all He has for you. We would ask that you keep your cell phone turned off all weekend, unless absolutely necessary.**
- **There is no registration fee to attend this retreat. The retreat is free, including lodging and meals.**