

## **Retreat FAQ's Hawaii**

You will find plenty of information about our Deeper Still retreats as you continue to browse, but here are a few basics.

- **Our retreats run from Friday afternoon until Sunday afternoon. If you are flying in from the mainland, we suggest you plan to arrive on Thursday and stay the night at a hotel near the Kailua-Kona, Hawaii.**
- **Our Retreat location is approximately 30-45 minute drive from the Kona airport.**
- **Kailua-Kona, Hawaii is on Pacific Standard Time.**
- **We can accommodate about 8-10 participants per retreat. We cannot accommodate any friends or family members.**
- **We can arrange to give you transportation to and from the airport. You can also rent a car if you would prefer.**
- **Cell phone coverage can be spotty on the Big Island of Hawaii.**
- **There is no registration fee to attend this retreat.**